

# Effective Communication & Motivational Strategies In Working with Resistant Populations

Instructor: Rae Forseth



## **Purpose:**

To provide practitioners, who are working with resistive, chemically dependant or criminal populations, with specific knowledge, skills and techniques to more effectively reduce offender resistance, increase offender motivation to change, and reduce individual criminal risk.

The specific areas that will be examined are:

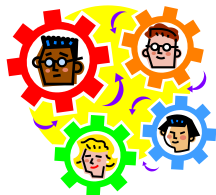
- ✓ **Effective interventions with this population**
- ✓ **Human factors related to resistance to change**
- ✓ **Communication techniques, (basic and advanced) designed to increase motivation**
- ✓ **“Stages of Change” as it applies in corrections**
- ✓ **Basic Communication Skills**
- ✓ **Advanced Communication Techniques**

**Who should attend:** This course is designed for correctional professionals with direct contact with offenders on a regular basis, particularly those with supervisory authority over offenders:

**Date:** March 6 - 9, 2012 (Tuesday-Friday)  
**Time:** 8:00 am to 5:00 pm  
**Location:** Alternatives/Alpha House  
3109 1<sup>st</sup> Ave North  
Billings, Montana

**To register contact:**  
Geri Miller  
406-846-1320 ext. 2307  
[Gerimiller@mt.gov](mailto:Gerimiller@mt.gov)

**Cost:** \$20.00 (approximately) payable to:  
**Department of Corrections**  
**Attn: Accounting, PO Box 201301, Helena, MT 59620**



Exceeding expectations keeps  
us on the path to success.

DOC Staff are required to get approval from supervisor(s) and complete a training request form.

**IF ADEQUATE NUMBERS ARE NOT REGISTERED THE CLASS WILL BE CANCELLED**

The Department of Corrections will make reasonable accommodations for persons with disabilities who wish to participate in this training or need an alternative accessible format of this notice or related material. If you require accommodations, please contact Geri Miller, DOC Training Center, 442 Golf Course Rd, Deer Lodge, Montana, at 406-846-1320 ext 2307; fax # (406) 846-1484; or [gerimiller@mt.gov](mailto:gerimiller@mt.gov).